

James Hollis

Hauntings: Dispelling the Ghosts Who Run Our Lives



Topic	Course information
Title	Hauntings: dispelling the ghosts who run our lives
Target Audience	Jungian analysts and those in training, MFTs, LCSWs, Psychologists, Psychiatrists, therapists and others wishing to gain a deeper understanding of dreaming, and (post) Jungian dream work and Psychology
Credits	3 Continuing Education (CE) Credits
Connection to Jungian psychology and the Jung Platform	James Hollis is one of the top Jungian Analysts in North America.
Objectives	<ul style="list-style-type: none"> ✓ To analyze the different metaphorical 'ghosts' that may haunt people ✓ To describe psychological processes that are involved in these metaphorical 'hauntings' ✓ To recognize when a client or oneself is being caught or seized by a 'ghost' ✓ To recognize what life asks from a person when faced with a 'ghost' ✓ To apply behavior in order to deal with the 'ghosts' that trouble people from a (depth)psychological approach
Course materials	<ul style="list-style-type: none"> - Course Guide - Four teleconferences with James Hollis - CE test (online)

About James Hollis

James Hollis, Ph.D., is a Jungian Analyst and he conducts a private analytical practice in Houston, Texas. He was born in Springfield, Illinois. He graduated with an A.B. from Manchester University in 1962 and with a Ph.D. from Drew University in 1967. He taught the Humanities 26 years in various colleges and universities before retraining as a Jungian analyst at the Jung Institute of Zurich, Switzerland (1977-82). He served as Executive Director of the Jung Educational Center of Houston from 1997-2008.

He lives with his wife Jill, an artist and therapist, and together they have three living children, and six grandchildren. He is a retired Senior Training Analyst for the Inter-Regional Society of Jungian Analysts, was the first Director of Training of the Philadelphia Jung Institute, and is vice president emeritus of the Philemon Foundation, which is dedicated to the publication of the complete works of Jung. Additionally, he is a Professor of Jungian Studies for Saybrook University and Pacifica Graduate Institute.

He has written 13 books and is published widely. His books have been translated into many languages. His latest book (the fourteenth) 'Hauntings, dispelling the ghosts who run our lives' was published in 2013.

About this course...

This course is about dealing with hauntings of invisible (metaphorical) ghosts that (may) direct our daily lives. Hauntings can be seen as obstacles in the way of finding one's path in life, but hauntings can also be approached from a depth psychological perspective and be seen as a call for individuation.

James Hollis sees hauntings as an invitation to rise above the ghost that is haunting you and as an opportunity to get unstuck and move forward to a life closer to your soul and (re)connect with the meaning of your life.

We all live to a certain extent in service to the past and to values of our family of origin. Also can we be seized by the effect of untold stories, by emotions like shame or guilt, by disappointments and the sense of betrayal when our expectations are not met, and/or by complexes or experiences in previous relationships. Those conscious and unconscious dynamics can haunt us, until we are forced to face our pain and fear, and the path of healing becomes clear.

In this Jung Platform course James Hollis will help participants to become more authentic and connected to their souls by driving out the invisible energies that hold us back in our development. One needs to engage with life's mysteries, because from such engagements a more considered life may come.

Overall course objectives

This course is designed to help you:

- ✓ analyze the different metaphorical 'ghosts' that may haunt people
- ✓ describe psychological processes that are involved in these metaphorical 'hauntings'
- ✓ recognize when a client or oneself is being caught or seized by a 'ghost'
- ✓ recognize what life asks from a person when faced with a 'ghost'
- ✓ apply behavior in order to deal with the 'ghosts' that trouble people from a (depth)psychological approach